

Curriculum Map: Core PE Year 9

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Content Declarative knowledge 'I Know'	1. Rugby 2. Football 3. Netball 4. Gymnastics 5. Dance 6. Badminton 7. Basketball 8. Table Tennis 9. Fitness/Lifestyle 10 BTEC Dance taster lessons		1. Football 2. Netball 3. Gymnastics 4. Dance 5. Badminton 6. Basketball 7. Table Tennis 8. Fitness/Lifestyle 9. BTEC Dance taster lessons 10. Handball		1.Track Events 2.Field Events 3.Cricket 4.Softball 5.Rounders	
Skills Procedural Knowledge 'I know how to'	Build on and embed the physical development and skills learned in Year 7 & 8 Become more competent, confident, and expert in their techniques, and apply them across different sports and physical activities Use a range of tactics and strategies to overcome opponents in direct competition through team and individual.	Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best Work in a team, building on trust and developing skills to solve problems, either individually or as a group Understand what makes a performance effective How to apply these principles to their own and others' work			Develop the confidence and interest to get involved in exercise, sports, and activities out of school and in later life Understand and apply the long-term health benefits of physical activity	
Strategies Conditional Knowledge 'I know when to'	Develop technique and improve performance in other competitive sports Communicate with my peers	I know how to lead a warmup to a small group of people I know how to warm up safely			Take part in competitive sports and activities outside school through community links or sports clubs Get involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle	
Key Questions	What is the importance of working as a team? What characteristics do you need as a leader? What are the rules of the game you are playing?	What could you do to improve your fitness levels? How will being fit help you once you have left school?			What is respect? How can you use this later in life? What sports do you enjoy how could you participate in these sports? Where can you find out what sports are taking place in the local community?	

<p>Assessment topics</p>	<p>Throughout each activity students' performance will be observed in the following:</p> <ul style="list-style-type: none"> -Leadership - Knowledge & understanding <ul style="list-style-type: none"> - Analysis - Decision making <ul style="list-style-type: none"> - Tactical - Effort - Resilience - Respect - Motivation - Commitment - Skill Development - Skill Application - Fitness levels <ul style="list-style-type: none"> - Technique - Competitiveness <p>Their attitude and progress will be measured using Satisfactory/Good/Outstanding</p>
<p>Cross curricular links/Character Education</p>	<p>Literacy - Oracy when communicating with others.</p> <p>Numeracy - Scoring and running of tournaments.</p> <p>Teamwork: overcoming conflict, communication, working with others</p> <p>Problem Solving - critical thinking.</p> <p>Resilience when learning / performing a new skill / event / match Creativity, Leadership Confidence</p> <p>Extra-curricular – clubs & fixtures</p>

