

**Curriculum Map: Cambridge Technical Sports and Physical Activity Year 13**

	<b>Autumn 1 Autumn 2</b>			<b>Spring 1 Spring 2</b>			<b>Summer 1 Summer 2</b>		
<b>Content</b> Declarative knowledge 'I Know'	Unit 2 – Sports Coaching and Activity Leadership	Unit 11 – Physical Activity for Specific Groups	Unit 18 – Practical Skills in Sport and Physical Activities	Unit 2 – Sports Coaching and Activity Leadership	Unit 11 – Physical Activity for Specific Groups	Unit 18 – Practical Skills in Sport and Physical Activities	Unit 2 – Sports Coaching and Activity Leadership	Unit 11 – Physical Activity for Specific Groups <b>(External moderation to be completed)</b>	Unit 18 – Practical Skills in Sport and Physical Activities
	Know the roles and responsibilities of sports coaches and activity leaders  Understand principles which underpin coaching and leading  Be able to use methods to improve skills, techniques and tactics in sport  Be able to plan sports and activity sessions	Know about the provision of physical activity for specific groups  Know the benefits of and specific groups barriers to participating in physical activity for specific groups	Be able to apply skills, techniques and tactics in an individual sport  Be able to apply skills, techniques and tactics in a team sport	Be able to prepare sports and activity environments  Be able to deliver sports and activity sessions	Know the exercise referral process  Be able to plan physical activity sessions for specific groups	Be able to apply skills and knowledge in outdoor and adventurous activities	Be able to review sports and activity sessions		Be able to officiate in sport and physical activity
<b>Skills</b> Procedural Knowledge 'I know how to'	Describe the roles and responsibilities of sports coaches and activity leaders  Describe how sports coaches and activity leaders support a healthy active lifestyle  Compare the different roles and	Describe the provision of physical activity for specific groups  Describe the physiological, psychological and sociological benefits of physical activity to specific groups	Demonstrate effective selection and execution of skills and techniques in an individual sport  Demonstrate effective selection of tactics and strategies during performance	Prepare a safe sports/activity environment appropriate to the participants involved  Deliver warm-ups appropriate to the activities taking place in sports/activity sessions	Describe the exercise referral Process  Plan physical activity sessions for specific groups	Demonstrate effective use of skills and knowledge to safely participate in an outdoor or adventurous activity	Evaluate the delivery of a sports/activity session compared to the plan and using the feedback obtained from participants		Describe the roles and responsibilities of officials in sport and physical activity

	<p>responsibilities of those involved in teaching and delivering sport</p> <p>Plan a series of progressive, inclusive sports/activity sessions based on participants' needs</p>		<p>Manage and maintain own performance appropriately</p> <p>Demonstrate effective selection and execution of skills and techniques in a team sport</p> <p>Demonstrate effective performance and communication of tactics and strategies</p>	<p>Deliver sports/activity using effective communication and motivation techniques</p> <p>Bring sports/activity sessions to an appropriate, planned conclusion offering and obtaining feedback to/from the participants involved</p>				
<p><b>Strategies</b></p> <p>Conditional Knowledge 'I know when to'</p>	<p>Explain how different leadership styles and personalities can support different stages of group development</p> <p>Demonstrate methods used to improve skills, techniques and tactics in sport Establish participants' needs for sports or activity sessions</p>	<p>Describe how providers of physical activity can promote the benefits of physical activity and help to overcome barriers to participation for specific groups</p>	<p>Demonstrate understanding of the sport and awareness of own performance and that of opponent(s) through decision-making and adaptability during performance</p> <p>Demonstrate understanding of the sport and awareness of performance of teammates and opponent(s), through decision-making and adaptability during performance</p>	<p>Explain how participants' safety was maintained throughout sports/activity sessions.</p> <p>Deliver a series of sports/activity sessions where the participants progression and needs are continuously evaluated and sessions P10: Deliver sports/activity sessions are adapted accordingly</p>	<p>Justify exercise components selected in the planning of physical activity sessions for specific groups</p>	<p>Fulfil own role within a team performance effectively</p>	<p>Suggest changes to future sports/activity sessions with justifications</p>	<p>Communicate clearly and effectively with participants while officiating a competitive game or performance situation</p>

Key Questions	Can you evaluate the importance of different attributes in supporting the principles of leadership and group dynamics?  Can you evaluate the effectiveness of different methods of measuring improvement in skills, techniques and tactics?	Can you describe barriers to participation for specific groups?	Can you demonstrate creativity and flair during performance?	Can you explain how a plan for a series of sports/activity sessions might need to be adapted based on participants' rate of improvement over time?	Can you plan a series of progressive physical activity sessions for a specific group?	Can you demonstrate creativity and flair during performance, appropriate to the needs of the team?	Do you know how to bring sports/activity sessions to an appropriate, planned conclusion offering and obtaining feedback to/from the participants involved?		Can you justify the decisions made as an official and how positioning supported the accurate and appropriate application of rules and regulations?
Assessment topics	Assignment 1 Assignment 2	Assignment 1 Assignment 2	Assignment 1 Assignment 2	Assignment 3 Assignment 4	Assignment 3 Assignment 4	Assignment 3	Assignment 5		Assignment 4
Cross curricular links/Character Education	Learners undertake projects, exercises and/or assessments/examination set with input from industry practitioners			Learners take one or more units delivered or co-delivered by an industry practitioner		Learners attending careers fairs, events or other networking opportunities			