

Curriculum Map: GCSE PE Year 11

	Autumn	Spring	Summer
<p>Content Declarative knowledge 'I Know'</p>	<p>Performance analysis assessment (analysis and evaluation)</p> <p>Evaluation – the use of theoretical principles to cause improvement</p> <p>Develop knowledge and understanding of the basic principles of movement and their effect on performance in physical activity and sport.</p>	<p>Revision and examination preparation</p> <p>Students should develop knowledge and understanding of data analysis in relation to key areas of physical activity and sport</p> <p>Practical performance moderation</p>	<p>Revision and examination preparation</p> <p>Final written examinations Paper 1 The human body and movement in physical activity and sport Paper 2 Socio-cultural influences and well-being in physical activity and sport</p>
<p>Skills Procedural Knowledge 'I know how to'</p>	<p>Produce an overall plan of action that suggests ways to improve upon the weaknesses that they have identified as part of their analysis.</p> <p>AO1: Demonstrate knowledge and understanding</p> <p>AO2: Apply knowledge and understanding</p> <p>AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport (Practical activities varying depending on the cohort)</p> <p>Part 1 Skills Part 2 Game play</p>	<p>AO1: Demonstrate knowledge and understanding</p> <p>AO2: Apply knowledge and understanding</p> <p>AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.</p> <p>AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport (Practical activities varying depending on the cohort)</p> <p>Part 1 Skills Part 2 Game play Practical performance moderation</p>	<p>AO1: Demonstrate knowledge and understanding</p> <p>AO2: Apply knowledge and understanding</p> <p>AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.</p>
<p>Strategies Conditional Knowledge 'I know when to'</p>	<p>Term 1 Analyse and evaluate performance to identify two strengths and two weaknesses. They then need to produce an action plan that suggests ways to improve upon the two weaknesses that they have identified</p> <p>Use appropriate theoretical content included in the specification to produce an overall plan of action that suggests ways to improve</p>	<p>Term 1 Revision and exam preparation</p> <p>Paper 1: The human body and movement in physical activity and sport Topic areas: Applied anatomy and physiology Movement analysis Physical training Use of data</p>	

	<p>Term 2 Identify three classifications of level system within sporting examples</p> <p>Demonstrate how mechanical advantage link to the three level systems</p> <p>Analyse basic sporting movements within sporting examples</p> <p>Identify relevant plans and axes of movement whilst performing sporting actions</p>	<p>Term 2 Revision and exam preparation Paper 2: Socio-cultural influences and well-being in physical activity and sport Topic areas Sports psychology Socio-cultural influences Health, fitness and well-being Use of data</p>	
Key Questions	<p>With reference to recent competitive performances in the chosen activity, identify two strengths and weaknesses</p> <p>One strength and one weakness should be a fitness component (relevant to their chosen activity)</p> <p>One strength should be a specific skill/technique (from those listed in the activity criteria) or tactic/ strategy/aspect of choreography (as appropriate), which has been used when performing their chosen activity</p> <p>Description of one training session that provides an example of what could be used for the performer</p> <p>Explanation of how prolonged use of the identified training type could improve the fitness weakness</p> <p>Identification of one other relevant part of the specification (not another training type) which, when applied, could bring about improvement in the skill/tactic/strategy/aspect of choreography weakness</p> <p>Explanation of how the additional specification content selected could lead to improvement of the identified weakness.</p>		

	<p>How do lever systems, examples of their use in activity and the mechanical advantage they provide in movement</p> <p>How planes and axes of movement impact on sport performance</p>		
Assessment topics	<p>Q and A in Class</p> <p>5 Minute Tests</p> <p>Multiple choice questions</p> <p>Short answer questions</p> <p>End of unit test</p> <p>Everlearner tasks</p> <p>Exam questions</p> <p>PPE</p>	<p>Q and A in Class</p> <p>5 Minute Tests</p> <p>Multiple choice questions</p> <p>Short answer questions</p> <p>End of unit test</p> <p>Everlearner tasks</p> <p>Exam questions</p> <p>PPE</p> <p>Practical performance moderation</p>	Final written examinations – Paper 1 and Paper 2
Cross curricular links/Character Education	<p>Levers – Science / DT</p> <p>Planes and axes – Science/DT</p> <p>Writing coursework – English</p> <p>Drawing circuits – Art</p> <p>Training thresholds – Maths</p>	All the links previously mentioned as the course has come to an end and it is final preparation for the exam.	